www.lionsclubs.org

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November 2020 Edition

COVID-19 VS. DIABETES

As of November 1st there have been 230+ thousand deaths in the US from COVID-19. As most should know COVID-19 is a virus and can be passed on from human to human contact. The doctors and scientists are working feverishly to find a cure and at least a shot to protect us like the flue. Right now the only precaution is to wear a mask that covers your nose and mouth in



public, maintain social distancing, wash your hands and follow your state and county health departments guidelines. Those with diabetes face a greater risk.

Diabetes is a metabolic disorder in which the body has high sugar levels for prolonged periods of time. There's only a few Lions with a medical degree that knows what that means. From what I have read diabetes can not be passed on to others but in most cases, is hereditary.

There are four broad categories of diabetes, Type 1 or "juvenile diabetes" and due to the frequent onset in children, the majority of individuals living with type 1 diabetes are now adults. Type 2 diabetes is characterized by insulin resistance, which may be combined with relatively reduced insulin secretion. Most of Type 2 diabetes is primarily due to lifestyle factors and genetics. A number of lifestyle factors are known to be important to the development of type 2 diabetes, including obesity defined by a body mass index of greater

than 30, lack of physical activity, poor diet, stress and urbanization. Gestational diabetes resembles type 2 diabetes in several respects, involving a combination of relatively inadequate insulin secretion and responsiveness. It occurs in about 2–10% of all pregnancies and may improve or disappear after delivery. The "other specific types" are a collection of a few dozen individual causes. Diabetes is a more variable disease than once thought and people may have combinations of forms.

Global Statistics from LCI:

1 in 11 adults has diabetes

1 in 2 adults with diabetes is undiagnosed

374 million people are at risk of developing type 2 diabetes

Over 1.1 million children are living with type 1 diabetes

\$760 billion is spent diabetes-related health expenditures

4 million deaths were caused by diabetes in 2019

Diabetes is one of Lions Clubs International Service Challenges and has designated November 14th as World Diabetes Day. As a District, clubs donate to the District Diabetes Fund. Clubs who donate \$500.00 within two years can receive a W.R. "Dick" Bryan Fellow.

Live Health, Live Safe!

We Serve,

DG John Davis



GREETINGS FROM IVDG REBECCA

My picture this month is from the October 3rd STEPS walk which had to be held virtually. On <u>Lions Clubs International</u> homepage is the motto, "Together We Serve," but some Lions are still missing the comradery and togetherness that Lions experience from meetings and events. Even so, Lions continue to change lives by serving in personal ways. Perhaps you helped someone buy groceries or get to the doctor. Perhaps you were

homeschooling your kids and took the time to learn more about diabetes online. I had the honor of being the technical Zoom host to a meeting in October of the Global Service Team hosted by Chairman PDG Dean Carruthers, where, in response to a question, PDG Dean said that Lions can report this individual service in MyLion. This reporting can help reflect the true commitment to service that is the hallmark of Lionism!

Sometimes Lions met virtually and sometimes they had the good fortune to be able to meet and pursue their service projects together. In September, I enjoyed a visit to Van Wert County Junior Fair and the Venedocia Sausage Trailer. Zone F meet at beautiful Edgewood Park in Convoy, while Zone G met on MS Teams. My home club, Wauseon, had a Food Drive with Chief Supermarket, one of my favorite events.

In October, I got to visit North Baltimore Lions Club, who are meeting at a large Masonic Lodge with social distancing room. At a Delta Lions Club meeting I heard a talk by Darrin Moore, the ICC Supervisor at St Luke's Hospital in Maumee. He told the story of fighting Covid-19 and credited the current emphasis on mask wearing with allowing the frontline nursing staff to begin to take some time off again. He also said that food donated by local businesses and others, "Got us through the tough months." As I write, I am still looking forward to the October 29th Zone E Meeting at Dick's Steak House in Kalia as well as the Holgate Trick or Treat on the 31^{st} .

The other day, I was assisting in the Math Lab at Northwest State Community College when two vivacious Tenora High Schoolers, who study College Algebra, signed in and told me to get out the whiteboard – my avid readers will remember the picture of yours truly at the whiteboard in the September Issue of this Newsletter – where they kept me on my mental toes with Algebra questions. One student mentioned her dream of becoming a special education teacher and her involvement with Kaitlyn's Cottage. Now, there is an article in the back issues of this Newsletter by PDG Sheryl Burnette about Kaitlyn's Cottage getting a \$10,000 grant through NWOLECF to go toward the purchase of the Tobii Dynavox eye tracker, but I could not remember these details.

I could think of this as a missed opportunity, but I will be kind to myself and think of this as a watershed moment. I now know why it is so important to collect our stories, polish them up and be ready to tell them. I will probably see these young scholars again in the Math Lab, so I resolve to be ready to tell the story and start a dialog!

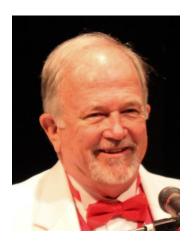
Yours in Lionism,

Lion Rebecca, 1VDG

STATEMENTS FROM ZVDG DAVE STOCKUM

Greetings!

It appears Fall is fully here. A couple of major storms have almost stripped our trees of the color that makes Ohio so beautiful in October. I think the fact we have so many maples in our state provides a variety of color which is hard to match in other states. The fact we have so many Lions clubs in our state also makes MD13 hard to match



across our country in respect to service. However, like trees, our clubs are being threatened this year by a particular blight, Covid 19. Losing clubs like St.



Marys, Scott, Van Wert, and Toledo, all in communities that have needs that Lions clubs can help ease, is painful. While some of the members of those clubs have transferred to other clubs, we need to look at other clubs around us that are struggling and support their efforts to grow in membership and service. One thing we can do is look at our

membership and see how many couples we have. Many of the successful clubs are doing well because they give couples the opportunity to work together on service projects. Zone F just raised a barn side banner on Route 30 near the Indiana Line celebrating 100 years of Lionism in Ohio. It is 36 feet by 24 feet! This effort was spearheaded by the Convoy Lions. Thanks for the sign that Lions are at work. It certainly is an excellent reminder that we need to be more visible in our communities. Another way we can be more visible is to report our service to local media outlets. In respect to our international ties, let's make sure we report our activity using MyLion. It is very simple now. If you have a computer "geek" in your club, you can make her/him your club administrator and take some of the reporting pressure off your president and secretary. If you love statistics, it's actually fun to get into MyLion and "see" what your club has accomplished. With the holidays approaching, there will be many opportunities to support our communities and those families that have been hit hardest by Covid. Let's not sleep through the coming seasons; let's find new ways to do the things we have done in the past to make the Thanksgiving and Christmas seasons a time for celebration in our communities. Let's also make sure we let our communities know we are there for them, and we would be glad to have them join us in making a difference.

2VDG Dave Stockum

TIME IS RUNNING OUT TO FILE

There are 23 Clubs and Foundations that have not filed their 2019-20 Charitable Registration, and their IRS 990. Clubs have until November 15, 2020. After that date you will be considered late. Clubs who miss 3 consecutive years will become non-compliant. They could be fined and would have to re-file with both OAG and IRS. This could take up to 12 months. There are a few clubs on the yearly calendar. Those clubs should file after January 1st.

As always, if your club needs assistance in filing, please let us know-sooner rather than later.

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DISTRICT OHI "FALL INTO SERVICE" PROJECT ZONE A

Pioneer Lions Club Delivered 1000 Pairs of Eyeglasses to VOSH

Wauseon Lions Club 10/09 Highway Clean-up

ZONE B

Continental Lions Club Delivered Eye Glasses to VOSH

Defiance Lions Club 10/10 Cleaned Up Walnuts from 3 Area Parks

Deshler Lions Club Donated \$100 to the Community Halloween Parade &

\$200 to the Henry County Christmas Cheer Program

Grover Hill Lions Club Cleared an Area at "Welcome Park" for Their New

Playground Equipment

Holgate Lions Club 10/06 Masks for Food Pantry Attendees

Napoleon Lions Club 10/10-17 Week Long Food Drive

ZONE C

McComb Lions Club 10/10 Highway Clean-up

North Baltimore Lions Club 10/6 Clean the Slippery Elm Trail

Portage Lions Club 10/10 Highway Clean-up
Perrysburg Lions Club Posted on Facebook

Sylvania Sunrise Lions Club Highway Clean-up

ZONE D

Arlington Lions Club 10/05 Cookies to School Employees & Nursing Home

Findlay Lions Club 10/05 Delivered 649 Pairs of Eyeglasses to VOSH

Kenton Lions Club 10/07 Food Drive; 10/10 Trim Trees & Weeds

ZONE E

Bluffton Lions Club 10/10 Road Clean-up

Fort Jennings Lions Club Chicken Dinner Fundraiser & Donated Funds to

Family for Trips to Chicago for Medical Reasons

Lima Host Lions Club 10/05 Lions Work at VOSH

Ottoville Lions Club

Ottawa Lions Club 10/10 Park Paining & Clean-up

ZONE F

Convoy Lions Club Posted a Large Sign on Highway 30

Middle Point Lions Club Late Sept. Project/Fair Animal Purchase

Mendon Lions Club Donated \$100 for Zone F Highway Sign

Spencerville Lions Club Sent Remaining Flowers from their Annual Flower

Sale to a Retirement Home

Rockford Lions Club 10/06 Calls to Shut-ins

Venedocia Lions Club Donated \$200 for Zone F Highway Sign

ZONE G

Wapakoneta Lions Club Project in MyLion

Waynesfield Lions Club 10/07-18 Non-perishable Food Drive for the Food Pantry

<u>ZONE H</u>

Bellefontaine Lions Club 10/08 "Thinking of You" Balloons" & Cards for Care Center

West Liberty Lions Club 10/03 Trash Pick-up/Roadside Clean-up

Together, the Lions of OH1 truly made a difference with their Fall Into Service projects. Together, We Serve!



Left: Pioneer Lions Club, 1007 collected eyeglasses for "Fall into Service" project.

Right: Arlington Lions Club President Christine Kemerley had a busy day Monday October 5, 2020 delivering 90 bags of monster cookies to the Arlington school employees and 60 bags to the Good Samaritan Nursing Home. Note seven Arlington Lions helped bake the cookies.





Right: October 7, 2020 Kenton Lions Club members collected and donated 74 non-perishable items for the Angels for the Elderly in Kenton.

Left: Kenton Lions Club fall into service project included tree trimming and weed whacked around the welcome sign on 309 East (Picture L-R) Aaron Osborn, Kirk Cameron and Brad Bailey. Photo by PDG Bill Keller





Portage Lions Club delivered 1,811 glasses, numerous sunglasses, hearing aids and broken metal frames to VOSH.

PEACE POSTER CONTEST 2020-2021 "PEACE THROUGH SERVICE"



From District OH1 Youth Chair, Lion Darlene Roll (E-mail: youth@ohiolions.org):

Peace Poster Contest 2020-2021 is now open. Kits can be ordered through Club Supplies.

The 2020-2021 Theme is "Peace Through Service".

Lions have provided an important reminder to the world that, through service, we can give and receive so much—joy, kindness, hope and PEACE. This year, young people have the opportunity to

express their visions of peace through the lens of service.

Students ages 11, 12 or 13 as of November 15 are eligible to participate in the International Peace Poster Contest. Entries not meeting the following deadlines will be disqualified.

- **January 15:** Kits go on sale from the Club Supplies Sales Department at International Headquarters.
- October 1: Deadline to purchase kits from the Club Supplies Sales Department at International Headquarters.
- **November 15:** Postmark deadline for a club to send one winning poster (per contest sponsored) to the district governor.
- **December 1:** Postmark deadline for a district governor to send one winning district poster to multiple district council chairperson.

Please consider sponsoring a Peace Poster Contest in Your Local Schools. If you have any questions, please contact PCC Darlene Roll. Thank you!

DISTRICT OHI PLUS +1 AWARDS 2019-2020

Ten clubs in District OH1 will be receiving special edition Plus +1 patches for having a net membership gain during the period of July 1, 2019 to July 1, 2020. These patches will feature the logo commemorating the 100th anniversary of Lions in the State of Ohio.

Those clubs receiving the award are listed as follows along with the net membership growth: Ada (+1), Celina (+2), Continental (+1), Convoy (+1), Cridersville (+1), Defiance (+1), McComb (+1), Napoleon (+5), Sylvania (+4) and West Liberty (+5).

Congratulations to these clubs and we encourage all clubs to continue seeking out new members who desire to serve their communities. These are challenging times and serving others continues to be first and foremost.



PDG Dan Ritter
District OH1 GMT Chair

MCCOMB LIGHT

As predicted, October has been a busy month. Let's begin with the STEPS walk on October 3. It was a beautiful day to walk to support pediatric cancer research! On October 10 several of our club members met to participate in Fall Into Service. They did highway clean up. On October 15 we joined the McComb Rotary Club for "Meet the Teacher Night" to welcome new educators to the community. On October 24 we held our annual scholarship chickens BBQ. This was a drive through event at St. John's Lutheran Church, and very successful. It is always fun getting together for fellowship and work. On October 31, we will be setting up a picture booth at the McComb Library. Children in costume can have their pictures taken as they trick or treat. There will be \$10 prizes for each category: ages 2-preschool, grades 1-6, and groups. It should be a lot of fun. Besides scheduled events, fifth edition dictionaries were delivered to the McComb third grade. We had extra dictionaries left from last year and those were donated to a Cory Rawson third grade class. McComb Lions also held their first of several raffle drawings. We drew four winners. We are now looking forward to the Peace Poster contest and collecting calendar orders. Whew! ...wonder how busy November will shape up? Stand by!



2020 OHI STEPS WALK

October was a great month to go out, stretch your legs, enjoy the scenery and raise money and awareness for

Pediatric Cancer in Northwest Ohio. We held our 4th annual STEPS walk virtually across OH1 and Ohio to raise money for Pediatric Cancer Research. So far we have raised over \$500. STEPS donations are still being accepted and can be sent to Lion Jessica Reichley, 4143





Chapman Dr., Kent, Ohio 44240. Thank you to everyone for supporting our 2020 STEPS walk campaign!

USA/CANADA LEADERSHIP FORUM

USA/Canada Leadership Forum will be held September 9th -11th in Des Moines, Iowa. More information and the registration form can be found on the Lions Leadership Forum website. Besides the speakers and informative workshops, there are many entertaining sites to visit including Greater Des Moines Botanical Garden and the John and Mary PappaJohn Sculpture Park. FYI: DesMoines was originally named Fort Raccoon. It then became Fort Des Moines and finally in 1857 was shortened to Des Moines.





NOVEMBER IS DIABETES MONTH

Diabetes is one of Lions Clubs International Service Challenges, and has designated November 14th as World Diabetes Day. We encourage all clubs to promote Diabetes and educate your community about this disease.



Zone E Happenings from Chair Dr. Christina Walton Keller

Zone E Lions of Columbus Grove, Ft. Jennings, Glandorf, Kalida, Lima Host, Ottawa, Ottoville, and my home club of Bluffton are busy with fall service projects, fulfilling their donation commitments in their respective communities and for Lions worldwide. In my second year as Zone E Chair I loved the experience of meeting the club presidents, speaking to their members, providing District updates, and sharing projects other clubs are doing. I continue contact with Zone E clubs via email, texts, phone

calls, Zoom, and in person visits. During September and October, I visited all the clubs in Zone E in their respective meeting places and municipal rooms with masks and observing social distancing as follows: Columbus Grove LC at Grillers Tavern, Kalida LC at Dick's Steak House, Ottawa LC at Schnipke Inn, Glandorf LC at Glandorf City Building, Ottoville LC at the Village Center, Ft. Jennings LC at Ft. Jennings Memorial Hall, Lima Host LC at American Legion Post 96 and only Bluffton LC is still meeting via Zoom.

Zone E Zone Meeting hosted by Kalida Lions Club President Tim Wehri, October 29 at Dick's Steak House. 1VDG Region 1 Chair Rebecca Dent-Weiss and 2VDG Region 2 Chair PDG Dave Stockum attended along with Club Presidents, secretaries and members present.

Melvin Jones Fellowship Award - Kalida's LC President Tim Wehri (left) with Melvin Jones Fellowship Award recipient, Lion Karl Fortman (right) on September 15, club meeting.

VOSH Pandora has New Coordinator, Lion Nancy Kaufman, wife of **Ottawa Lions** President Mike Kaufman. **New VOSH hours:** M & F 9-Noon, other hours by appointment, call VOSH 419.384.3700 or Nancy 419.231.1084

Club Reports: ZONE E 100% in October's Falling into Service with Lions: Recycling & Environment

Kalida is working on the third phase of their Green Space Grant building, expanding, and connecting community parks they created through their environment grants. Kalida sponsored three chicken barbeques that have made up some of the lost revenue.

Ottawa members, Dave Leader, Ben Shaw, and Mike Giesken and grandson Sam Siefker (photo right) cleaned, raked, and painted plaques in Ottawa Memorial Park. Members also collected glasses for recycle at VOSH.

Bluffton performed roadside cleanup and collected over 9,000 pairs of glasses.

Ft. Jennings performed two projects starting with area <u>road side</u> cleanup and hosted a chicken BBQ dinner fundraiser selling over 650 dinners, then donated those funds to an area family for medical trips to Chicago for medical care.

Lima Host worked at VOSH with eyeglasses recycling and collected boxes of glasses. <u>They District</u> Cabinet approval to apply for LCIF \$100,000.00 matching grant for All Ability Playgrounds in Allen County. **Glandorf** hosted a BBQ Chicken Dinner for Glandorf's Park Festival.

Columbus Grove worked on their Annual Rose Sales, \$20.00/dozen during October with roses to be delivered in November. These are not little teacup roses; these roses would fill a mug! Members also raked leaves for those in need. CGLC had a request via school nurse and purchased glasses for a student.

Ottoville collected and recycled electronic devices i.e. old phones, laptops, printers, and keyboards. They filled four dumpsters with scrap metal. Near the water tower they have bins for clothing.

Peace Poster "Peace through Service" project with Ottawa, Bluffton, Lima Host, and Glandorf.

Scholarships - Ottawa and Bluffton provided scholarships to their respective schools.

Bluffton Lions had its 5th Annual Ride to Remember virtual in August. The Bluffton Lions Way Bentley Road Pathway bike & pedestrian pathways ribbon cutting September 14.



Lima Host Celebrating 100th Charter Anniversary April 7, 2021 at Old Barn Out Back 3175 W. Elm Street, Lima.

OHI LOSES A GREAT LEADER

It is sad that our District lost Club President Rose Richardson of Portage Lions Club to Covid-19. Lion Rose would have received a 20-Year Monarch Chevron. Her club, district, and all Lions will sorely miss her. Please keep her family and friends in your thoughts and prayers.

DISTRICT CONVENTION

Susan Davis: Committee Chairperson, Deb Crawford: Co-chair

The district convention will be held on April 23-24, 2021, at the Hilton Garden inn in Findlay, Ohio. The sight has been secured and plans are being formulated. We will have a STEPS walk around the pond on the property as well as traditional sessions and services. District Governor John Davis notified me that International Director Larry L. Edwards and his wife, Susan, will join us for the weekend. They are from Pennsylvania. He is a retired bank executive and member of the Harris Township Lions Club. If you want to know more about ID Edwards, read the next newsletter.





Voicecorps Ambassadors available as a Lions Club guest speaker

Voicecorps reading service, long known for reading newspapers and other print for blind and disabled Ohioans, has expanded its geographic service area. Voicecorps is asking for your help by telling your Club members the good news. Plus, you can now book a speaker from Voicecorps at your next virtual Lions Club meeting.

Established in 1975 in central Ohio and serving thousands of people living with blindness, low vision and other conditions that prevent reading print, Voicecorps provides daily news and information 24/7. Originally available in central Ohio, Voicecorps is now in the Black Swamp area of northwest Ohio and the Appalachian corridor leading from mid-Ohio to the southeast corner of the state. Voicecorps Ambassadors can tell you how.

A long-time friend to Lions Clubs, Voicecorps had to cease in-person outreach with the outbreak of the pandemic. Now that Lions Clubs are using Zoom for meetings online, Voicecorps Ambassadors can fill your guest speaker needs with a relatively short notice

Voicecorps continues seeking guest speaker opportunities with central Ohio clubs. To schedule a Voicecorps Ambassador, e-mail Shari Veleba, Voicecorps Marketing Coordinator at sveleba@voicecorps.org or call the Voicecorps office at (614) 274-7650. Please schedule at least two weeks prior to your Club meeting.

For additional pictures, videos, and OH1 Lions updates during the month, be sure to check out

Ohio Lions 13 OH1 on Facebook!

<u>Deadline for the December Newsletter is</u> <u>November 25, 2020.</u>

Submit your newsletter items to Newsletter Editor Jessica Reichley at newsletter@ohiolionsoh1.org or jlreichley@gmail.com



DISTRICT OH-1 LEADERSHIP

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